

# BioDoph-7 Plus

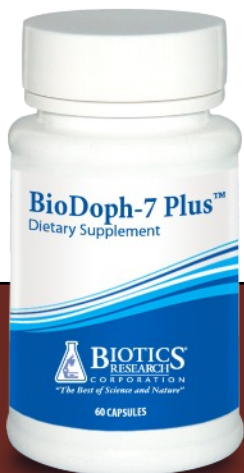
## A Superior Source Of ProBiotics

Biodoph 7 Plus helps to replenish friendly bacteria in the body. Optimizing the "good" bacteria in the digestive tract has been shown to help increase immune function, diminish the "bad" bacteria (resulting from the overuse of antibiotics and over consumption of sugar), reduce gut inflammation and improve overall digestive health.

Most of us are in need of improving one or more of the above symptoms related to the overgrowth of bad bacteria. Replenishing good bacteria from both probiotics and prebiotics can balance intestinal flora by reducing the proliferation of bad bacteria.

Biodoph 7 Plus contains 20 billion viable organisms including prebiotic strains which act as a sort-of "starter fluid" for probiotic bacteria. A healthy dosage of Biodoph 7 Plus is 1 capsule twice per day with meals (can be taken before, during or after meals).

To further reduce your exposure to unfriendly bacteria, eliminate sugar laden foods, chew your food well and slowly, eat fiber rich foods from fresh vegetables and whole grains, (preferably gluten free), engage in moderate exercise, drink adequate pure water (one liter per 50 lbs of body weight), if consuming any dairy, choose organic plain yogurt or kefir. Plain coconut kefir is also a great non-dairy choice.



Common symptoms of need for healthy bacteria include: diarrhea, coated tongue, constipation, irritable bowel, foul smelling gas, bad breath, body odor, itchy anus, antibiotic use, less than one bowel movement per day

## Replenish Healthy Bacteria



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.