# **Chapman Reflexes and Nutrition**

#### THYMUS -

7th Intercostal Space right only near Sternum
Bio-Immunozyme Forte, Cytozyme-THY, IAG, UltraVir-X,
Neutrophil Plus

### LIVER/GALLBLADDER

6th Intercostal Space right side only Beta-TCP, Beta Plus, Livotrit Plus, MCS, Cytozyme-LV, Phosphatidylcholine, Inositol, Super Phosphozyme

## SMALL INTESTINE

8, 9 & 10 Intercostal Space near tip of the rib Gastrazyme, IPS, BioProtect, L-Glutamine, Bio-6-Plus (coated & uncoated) GSH-Plus, Ginkgo Biloba

#### ADRENALS

2" Lateral, 2" Superior from Umbilicus (Lateral margin of Rectus Abdominus) ADHS, Cytozyme-AD, Neonatal Multi-Gland, Cu-Zyme, Bio-Glycozyme Forte

# PROSTATE/UTERUS

1. Lateral to Symphysis on Rami 2. Middle portion Iliotibial Band Male: Palmetto Plus, Biomega-3, Aqueous Zinc, ZN-Zyme, Flax Seed Oil, Liquid Iodine Female: Equi-Fem, Cytozyme-F, PMT,

Biomega-3, Flax Seed Oil,
Black Currant Seed Oil

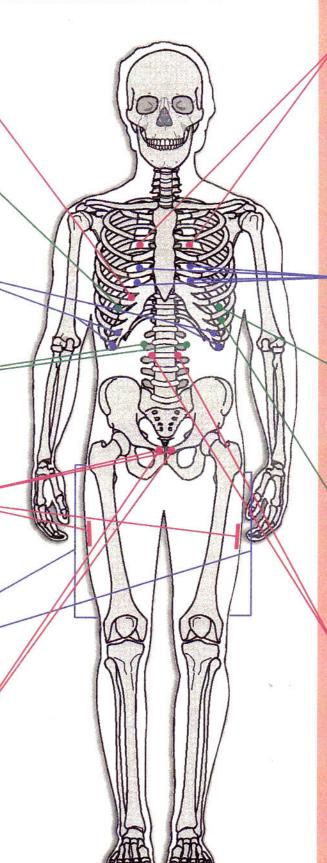
## COLON

Along Iliotibial Band Colon Plus, Garlic Plus, A.D.P., Chlorocaps, Beta Plus, Lactozyme, Biodophilus-FOS, Butyrate, I.A.G., L-Glutamine

# **OVARIES/TESTICLES**

Lateral to Symphysis on Rami at attachment of Rectus Abdominous Female: Cytozyme-O, Equi-Fem, Multi-Mins, Bio-Soy Flavones, PMT, Cytozyme-F

Male: Cytozyme-Orchic, Palmetto Plus, Cytozyme-M, Aqueous Zinc, Zn-Zyme, Multi-Mins



#### THYROID/HEART

Second Intercostal Space near Sternum

Thyroid: Hypo - Thyrostim, Meda-Stim, Liquid Iodine, Flax Seed Oil, GTA, Cytozyme-PTIHPT

Hyper - Bio-Ae-Mulsion Forte, FE/CU-Free Multi-Mins, Cytozyme-PT/HPT

Heart: Bio-Cardiozyme Forte, Cytozyme-H, CoQ-Zyme 30, Biomega-3, Bio-3B-G, Bio-GGG-B

#### LUNGS

3rd & 4th Intercostal Space near Sternum Pneuma-Zyme, Histoplex, GSH-Plus, BioProtect

#### **STOMACH**

6th Intercostal Space at the Mid-Mammillary Line
Hydro-Zyme, HCL-Plus,
Betaine Plus HP, Gastrazyme,
Gammanol Forte, Bio-6 Plus,
Bromelain Plus CLA,
L-Glutamine, IPS, Chlorocaps

## PANCREAS/SPLEEN

7th Intercostal Space left only Bio-Glycozyme Forte, Bio-6 Plus, Cytozyme-PAN, GlucoBalance, Cr-Zyme, Cytozyme-SP, Bio-Immunozyme Forte, Cytozyme-THY, Bio-3B-G

### KIDNEYS

1" lateral and 1" superior from Umbilicus on the medial margin of Rectus Abdominous (have patient tighten stomach muscle to palpate)
Renal Plus, Cytozyme-KD,
Argizyme, Bio CMP (to alkalize),
HCI-Plus (to acidify)

## \*\*NOTE:

General Costal tenderness is a very strong indicator of iodine deficiency or Hypothyroidism Liquid lodine, Thyrostim, Meda-Stim, G.T.A.