



Complete **Bio-Detoxification**

*Quick Reference
Protocol*



Step One:

Reducing Chronic Inflammation

7 Days or More

- **Beta-TCP™** 4 tablets, 3 times per day
 - **Bromelain Plus CLA™** 4 tablets, 3 times per day
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Step Two:

Metabolic Cleansing

10 Days or More

- **Bio-Detox Packs™** — 30 packets of mixed supplements; 1 with each meal
- **NutriClear®** — Intestinal healer and liver detoxifier; 2 scoops mixed with 1 scoop of **Whey Protein Isolate** or **Pea Protein Isolate** in 16 oz. of pure water. Take in the morning as a breakfast drink and in the afternoon as a snack.
- **Whey Protein Isolate** or **Pea Protein Isolate** — Heals the gut and provides immune support; mix 1 scoop in 16 oz. of pure water with 2 scoops of **NutriClear®** as listed above.
- **The Detox Diet** — See the Complete Bio-Detoxification guide



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These products are not intended to diagnose, treat, cure, or prevent any disease.