

# Food Sensitivity Options to NutriClear Plus

If patients are sensitive to **NutriClear Plus**, we want to find a source of protein that they are not sensitive to. Use the Coca Pulse Test to evaluate the following:

**NutriClear Free** (organic pea protein)

**GI-Resolve** (gut healing formula)

**ScentArest** (formula to reduce chemical sensitivities)

**Whey Protein Isolate** (whey protein that has casein removed)

Consider **NutriClear Free** or **Whey Protein Isolate** and **GI-Resolve** as a meal replacement, and **ScentArest**.

2 scoops of **NutriClear Free** or 2 scoops of **Whey Protein Isolate** and 2 teaspoons of **GI-Resolve** will provide a stellar healing base for the stomach, small intestine and large intestine while supporting liver detoxification.

**ScentArest** is an unsung hero for supporting people with chemical sensitivities. Start with one capsule a day and after a few days increase to 2 a day until your patient is taking 6 a day. Dr. Mark Force developed the product for patients who knowingly or unknowingly have chemical sensitivities. Many reactions from chemicals occur because the body can't process the chemicals as fast as they are exposed. **ScentArest** helps the body detox or reduce the total toxic load by improving a number of detoxification pathways, including methylation.

If someone is sensitive to both **Pea Protein Isolate** and **Whey Protein Isolate**, address digestion using **HCL-Plus** (see below for optimal dosing) and consider food sensitivity testing to find out hidden sensitivities. Continue with anti-inflammation diet and **GI-Resolve** twice a day and **ScentArest**.

If someone is sensitive to **ScentArest**, consider ½ capsule of **MCS-2** and 1 tablet of **Beta-TCP** and **21<sup>st</sup> Century Environmental Detox** 1 capful bid. Increase slowly to 2 caps of **MCS-2** bid and 4 tablets of **Beta-TCP** tid maintaining **21<sup>st</sup> Century Environmental Detox** at 1 capful bid for 60 days.

People that are this sensitive have deep seated:

- Heavy metal (**Porphyra-Zyme**, **NAC**, **Chlorella**, **Lipoic Acid**, etc.),
- Underlying infections (**ADP**, **Caprin**, **Dysbiocide**, **FC-Cidal**, **Berberine HCl**, etc.),
- pH issues (**Potassium-HP**, **Bio-D-Mulsion Forte**, baking soda, trace mineral supplementation, etc.).

Individual consultations and further testing is necessary.

Dosage for **HCl-Plus**, begin with 2 tablets in the middle of each meal and increase by 1 tablet every three days until the symptoms are controlled and then begin to reduce.

Note: A chronic need to HCl containing supplements may be an indication of a thiamine (**Bio-3B-G**), zinc (**Zn-Zyme**) or salt deficiency (Celtic sea salt), indicating an inability to produce HCl. If the level of HCl-Plus exceeds four per meal to control hypochlorhydria, switch the patient to **Betaine Plus HP** as **Betaine Plus HP** contains significantly more HCl than **HCl-Plus** or **Hydro-Zyme**.