# Gluten Immunogenic Peptide (GIP) Monitoring

David Winternheimer, PhD
Glutenostics, LLC
April 2018





# Companies

### **Biomedal**

- Founded 2002
- Seville, Spain based
- Innovator company
- IP proprietor



### **Glutenostics**

- Founded 2016
- Virtual company
- N America commercial LLC
- Exclusive licensee





## Team



David Winternheimer

- CEO
- Los Angeles



Angel Cebolla

- CSO
- Seville, Spain



Francisco Leon

- Director
- DC



Tony Garramone

- COO
- Boston



Vassili Kotlov

- CMO
- San Diego

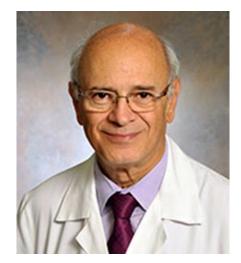


### Advisors



Sheila Crowe, MD

- UCSD
- AGA President



Stefano Guandalini, MD

- Univ Chicago
- Celiac Pioneer



Ciaran Kelley, MD

- Mass General
- Leading MD



Michelle Pietzak, MD

- USC/CHLA
- Leading MD



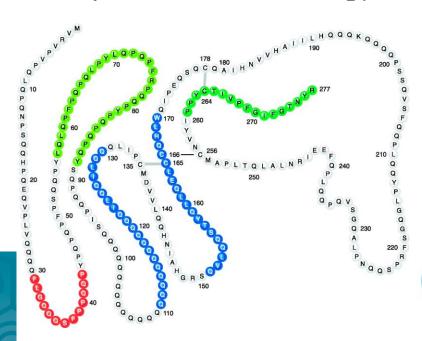
Pam Cureton, RD

- Univ MD
- GFD Expert



# Gluten Immunogenic Peptides (GIPs)

- 33-mer amino acid epitope of gluten resistant to digestion
- Present in healthy, celiac and gluten intolerant individuals
- Stimulates immune response in CD and NCGS
- Direct measure of gluten (not biological response like serology)
- Excreted in feces more than urine
- G12 antibody 99% specific for GIPs





### **Test Formats**

### **ELISA (Lab-Based)**

- Stool only
- Urine coming in late 2018
- LDT only
- iVYLISA branded



### Lateral Flow (Rapid)

- Urine & Stool
- At-home
  - Gluten Detective (US/Canada)
  - Gluten Detect (EU)
- iVYCHECK
  - Clinical version
  - Semi-quantitative with reader





### **Urine vs Stool**

### **Urine**

- Time Window
  - 1-5 hours minimum
  - 6-12 hours optimal
  - 36 hours maximum
- Minimal Intake Detected
  - 500 mg
  - 2+ bites bread
- First morning urine ideal

### **Stool**

- Time Window
  - 48 hours minimum
  - 48-60 hours optimal
  - 7 days maximum
- Minimal Intake Detected
  - 50 mg
  - Crumb bread
- Diarrhea may shorten window



# **Unmet Monitoring Need**

- 1% refractory CD
- 10% of CD new to diet every year
- 10-30% of CD on GFD have elevated serology
- 30% (10-60%) asymptomatic CD
- 45% of new CD on GFD have intestinal damage after 1 year
- 60% of CD on GFD still have symptoms
- 20-40% of CD on GFD test GIP (+)
- 80%+ of CD interested in at-home testing (4-12x per year)
- 95%+ of CD caregivers interested in testing their children



### GIP Research Publications

See corresponding editorial on page 537.

Monitoring of gluten-free diet compliance in celiac patients by assessment of gliadin 33-mer equivalent epitopes in feces<sup>1–3</sup>

Isabel Comino, Ana Real, Santiago Vivas, Miguel Ángel Síglez, Alberto Caminero, Esther Nistal, Javier Casqueiro, Alfonso Rodríguez-Herrera, Ángel Cebolla, and Carolina Sousa

Am J Clin Nutr 2012;95:670-7. Printed in USA. © 2012 American Society for Nutrition

ORIGINAL ARTICLE

Detection of gluten immunogenic peptides in the urine of patients with coeliac disease reveals transgressions in the gluten-free diet and incomplete mucosal healing

María de Lourdes Moreno, <sup>1</sup> Ángel Cebolla, <sup>2</sup> Alba Muñoz-Suano, <sup>2</sup> Carolina Carrillo-Carrion, <sup>2</sup> Isabel Comino, <sup>1</sup> Ángeles Pizarro, <sup>3</sup> Francisco León, <sup>4</sup> Alfonso Rodríguez-Herrera, <sup>5</sup> Carolina Sousa <sup>1</sup>

Moreno ML, et al. Gut 2015;0:1–8. doi:10.1136/gutjnl-2015-310148

ORIGINAL CONTRIBUTIONS

### Open

Fecal Gluten Peptides Reveal Limitations of Serological Tests and Food Questionnaires for Monitoring Gluten-Free Diet in Celiac Disease Patients

Isabel Comino, PhD¹, Fernando Fernández-Bañares, MD, PhD², María Esteve, MD, PhD², Luís Ortigosa, MD, PhD³, Gemma Castillejo, MD, PhD², Blanca Fambuena, MS², Carmen Ribes-Koninckx, MD, PhD², Carlos Sierra, MD, PhD², Alfonso Rodríguez-Herrera, MD, PhD², José Carlos Salerar, MD², Angel Caunedo, MD², J.M. Marugán-Miguelsanz, MD, PhD¹, José Salazar, MD², Angel Caunedo, MD², J.M. Marugán-Miguelsanz, MD, PhD¹, José Ralazar, MD, PhD¹, Oreste lo Iacono, MD, PhD¹, Alejandro Nuñez, BSc¹³, Luis Vaquero, MD, PhD¹³, Ana María Vegas, MD¹², Laura Crespo, MD², Luis Fernández-Salazar, MD, PhD¹¹, Edurado Arranz, MD, PhD¹¹, Victoria Alejandra Jiménez-García, MD³¸ Marco Antonio Montes-Cano, MD, PhD¹¸ Beatriz Espín, MD, PhD², Ana Galera, MDø¹, Justoverde, MD³¸ Francisco José Girón, MD², Miguel Bolonio, MSc⁵, Antonio Millán, MD, PhD⁵, Francisco León, MD, PhD³, Garge Marinich, PhD¹², Alba Muñoz-Suano, PhD¹², Manuel Romero-Gómez, MD, PhD⁵, PhD² Cebolla, PhD¹² and Carlonia Sousa, PhD¹², Alba Muñoz-Suano, PhD¹², Manuel Romero-Gómez, MD, PhD², Alpa Cebolla, PhD¹² and Carlonia Sousa, PhD¹²

Am J Gastroenterol advance online publication, 20 September 2016;





Revier

### Biomarkers to Monitor Gluten-Free Diet Compliance in Celiac Patients

María de Lourdes Moreno <sup>1</sup>, Alfonso Rodríguez-Herrera <sup>2</sup>, Carolina Sousa <sup>1</sup> and Isabel Comino <sup>1,\*</sup>

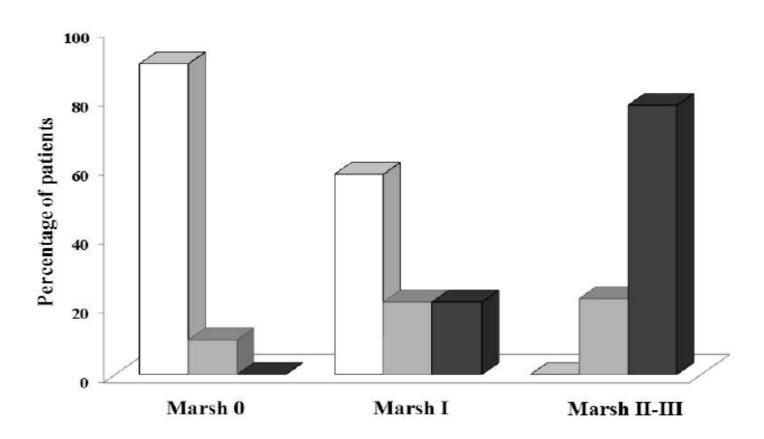
Nutrients 2017, 9, 46; doi:10.3390/nu9010046



# Urine Study: Correlation with Biopsy

- 69 CD patients
- 50% <16 yo
- 50% CD not GF

WHITE = GIP (-)
GREY = GIP (+)
BLACK = GIP (+) STRONG

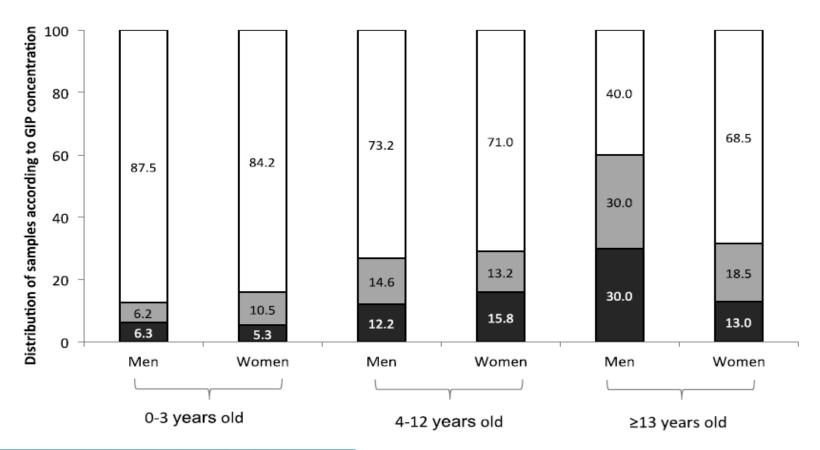




# Stool Study: Compliance Related to Age & Sex

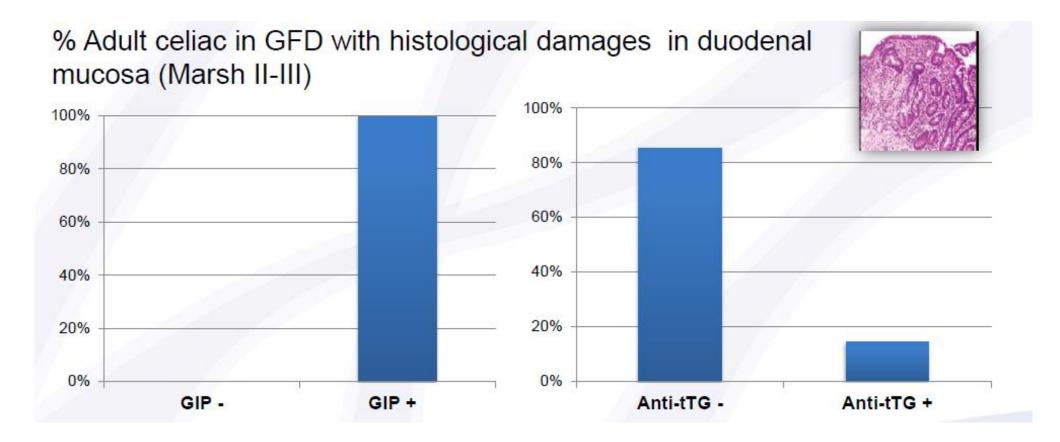
- 188 CD patients
- 30% CD not GF
- No GIP-serology correlation

WHITE = GIP (-)
GREY = GIP (+)
BLACK = GIP (+) STRONG





# GIP vs tTG Correlation to Biopsy





### Related Publications

Downloaded from http://gut.bmj.com/ on February 14, 2018 - Published by group.bmj.com

Gut Online First, published on February 13, 2018 as 10.1136/gutjnl-2017-314853

Coeliac disease



ORIGINAL ARTICLE

### Outcome measures in coeliac disease trials: the Tampere recommendations

Jonas F Ludvigsson, <sup>1,2</sup> Carolina Ciacci, <sup>3</sup> Peter HR Green, <sup>4</sup> Katri Kaukinen, <sup>5,6</sup> Ilma R Korponay-Szabo, <sup>7,8</sup> Kalle Kurppa, <sup>9,10</sup> Joseph A Murray, <sup>11</sup> Knut Erik Aslaksen Lundin, <sup>12,13</sup> Markku J Maki, <sup>14,15</sup> Alina Popp, <sup>16,17</sup> Norelle R Reilly, <sup>18,19</sup> Alfonso Rodriguez-Herrera, <sup>20</sup> David S Sanders, <sup>21</sup> Detlef Schuppan, <sup>22,23</sup> Sarah Sleet, <sup>24</sup> Juha Taavela, <sup>25</sup> Kristin Voorhees, <sup>26</sup> Marjorie M Walker, <sup>27</sup> Daniel A Leffler <sup>28</sup>

Ludvigsson JF, et al. Gut 2018; **0**:1–15. doi:10.1136/gutjnl-2017-314853

19/19 Celiac Experts **Recommend Use of GIP Monitoring** 

### **Average Celiac Patient Consumes 150-400 mg** Gluten on GFD

### Determination of gluten consumption in celiac disease patients on a gluten-free diet

Jack A Syage, <sup>1</sup> Ciarán P Kelly, <sup>2</sup> Matthew A Dickason, <sup>1</sup> Angel Cebolla Ramirez, <sup>3</sup> Francisco Leon, <sup>3</sup> Remedios Dominguez, <sup>3</sup> and Jennifer A Sealey-Voyksner

<sup>1</sup>ImmunogenX, Newport Beach, CA; <sup>2</sup>Beth Israel Deaconess Medical Center, Harvard Medical School, Boston MA; and <sup>3</sup>Biomedal, Seville, Spain



# First At-Home Study

- Collaborators:
  - Jocelyn Silvester (BCH)
  - Ciaran Kelley (Mass Gen)
- 200 biopsy diagnosed pediatrics
- Urine/Stool collected at:
  - Enrollment
  - 3x for 1st month
  - Monthly for 6 months
- Serology + RD Consultation conducted at:
  - Enrollment
  - Week 5
  - End of study (week 30)
- 2 cohorts:
  - At-home sampling (sent to lab for testing)
  - At-home testing (results reported by participants)
- Goal: determine if at-home test results influence adherence







# **Biopsy Correlation Study**

- Collaborators:
  - Maureen Leonard (MGH)
  - Alessio Fasano (MGH)
- Newly diagnosed pediatrics
- Biopsy at:
  - Diagnosis
  - 1-3 years
- Goal: analyze correlation between GIP results and biopsies





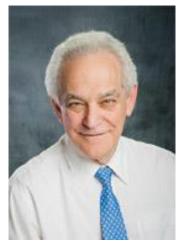




# Newly Diagnosed Study

- Collaborators:
  - Benny Kerzner (Children's National)
- Pilot
  - 20 newly diagnosed
  - Follow for 1 month (or until clear)
- Goal: observe rate at which gluten is cleared from body and associated clinical presentation of celiac







# Importance of At-Home Monitoring

- Regular or regimented testing feasible
- On-demand probing of suspect situations
- Immediate feedback for newly diagnosed to learn diet
- Monitoring of cumulative gluten consumption
- Psychological relief for obsessive patients
- Reassurance and confirmation about dietary compliance



# Gluten Detective (OTC)

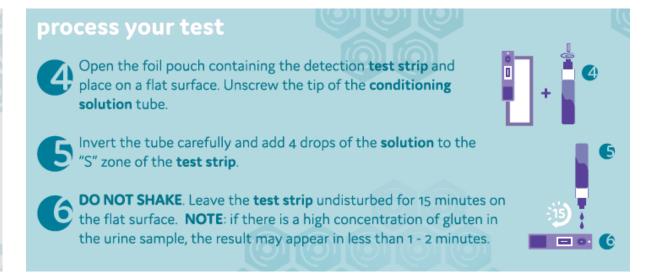
- Available exclusively at glutendetective.com in US & Canada
- \$22.50 per test (plus S&H)
- Not reimbursed
- Not FDA regulated
- Available as Gluten Detect in:
  - UK
  - Spain
  - Germany
  - Poland
  - Italy





### **Urine Instructions**

# Using the collection cup, collect 2 ml of urine. (for best results please use first urine of the day) Using the transfer syringe, transfer 2 mls of the urine into the conditioning solution tube and close the cap tightly. Dispose of the syringe (do not reuse). Shake tube for 5 - 10 seconds allowing the urine sample to mix with the conditioning solution.





### Stool Instructions

### collect your sample

- Pull apart the ends of the **stool collector**, exposing the adhesive. Secure the collector to the rim of the toilet using the two sticky sides.
- Deposit the **stool sample** on the collection paper. **NOTE**: do not allow the stool sample to contact the toilet water until after the sample has been collected.
- Open the **extraction solution** (red cap) and use the **collection stick** to fill the spoon with stool from three different sites of the sample until the sample touches the solution.
- Gently stir the **collection stick** into the **extraction solution** (red cap). Close the cap tightly.
- Shake the **extraction solution tube** (red cap) containing the sample intermittently over a 10 minute period (for example shake 1 minute, rest 1-2 minutes and etc.) until the sample appears fully liquid.



### process your test

- 6 Let the sample stand for 2 minutes.
- Unscrew the clear cover of the **extraction solution tube** (red cap) and carefully add 10 drops into the **dilution solution** (blue cap). Close the cap tightly.
- Mix the dilution solution tube (blue cap) softly for at least 15 seconds.
- Open the foil pouch containing the detection **test strip** and the **plastic dropper** place on a flat surface.
- With the **dropper** add 8 drops from the **dilution solution tube** (blue cap) to the "S" zone on the **test strip**.

Let stand for 10 minutes.



### Gluten Detective Commercial Model

- Online D2C marketing channels
  - Celiac Disease Foundation & Beyond Celiac
  - Social Media
  - Other Venues
- Celiac Centers: Chicago, Boston, others
- Children's Hospitals
- Gl Private Practices







### Contact Us

David Winternheimer, PhD, PPM CEO, Glutenostics LLC 888-553-1296 x700

davidw@glutenostics.com

glutendetective.com



