

## Believe It Or Not... We Can Help

## HERE'S THE GOOD NEWS

The experts at the International Society for Sexual Medicine endorsed the following definition for premature ejaculation (or PE): ejaculation which always or nearly always occurs prior to or within about one minute of vaginal penetration. The ejaculatory reflex is predominantly controlled by a complex interplay between serotonergic and dopaminergic neurons. There is also secondary influence with the neurons associated with choline, nitric oxide, epinephrine, norepinephrine, oxytocin, GABA and melatonin.

<u>A new study</u> sheds light on this complex subject. 60 men with self-admitted PE were compared with 40 men in a control group. The study lasted 4 weeks. The researchers found they could <u>raise patient</u> <u>melatonin levels and at the same time</u> <u>reduce their PE</u>. And as the study suggested, researchers noted a direct correlation between melatonin levels and performance. Here's how they put it. "We believe that not every case of low melatonin levels is associated with PE, but every case of PE is associated with low melatonin levels".

There is no way we can guarantee success in this issue, as there are just too many variables. However, based on this study and what we know about mitochondrial enhancement, we have a good chance of making some couples much happier.

<u>Consider giving our 60 day "Melatonin</u> <u>Raising" program a try</u>. This could change your life, because low melatonin levels can affect much more than just PE.

CALL OUR OFFICE TO SCHEDULE A MELATONIN EVALUATION APPOINTMENT

## New Study: Raising patient melatonin levels reduced their PE