

Mail

Patient Name _____

Nutrition And Health

Current research has shown that nutritional (vitamin/mineral) imbalances can be a contributing factor in many patient conditions such as chronic fatigue, hypertension, asthma, blood sugar problems, arthritis, and many, many others. See below for common symptoms of just a few vitamins/minerals.

We have in our office state of the art technology that can analyze your specific blood chemistry for vitamin/mineral imbalances and then identify which nutritional supplements you can take to address any imbalances.

Please check
just one of these
three boxes

24%

Yes, I am interested in having my blood analyzed for nutritional deficiencies so that I may know which vitamins/minerals I can take as an adjunct to traditional care.

31%

I'd like more information about having my blood chemistry analyzed for nutritional deficiencies before making a decision.

45%

No I'm not interested, please treat my condition with traditional care only.

If my insurance provider does not cover all of these expenses I would still be interested in having my blood analyzed for nutritional deficiencies so that I may know which specific vitamins/minerals are right for my body chemistry.

42% Yes

58% No

* Of those that answered Yes, or Want More Information above

SYMPTOMS OF NUTRITIONAL DEFICIENCIES

It is generally understood that deficiencies in specific vitamins/minerals may result in one or more associated symptoms. The following is a small sample of just 5 key nutrients.

CHROMIUM Blood sugar irregularities, difficulty losing weight, chronic fatigue, intolerance to sugar or starch, chronic depression, elevated cholesterol levels, tremors/shakes

COPPER Heart rhythm disturbances, hair loss, skin rashes, diarrhea, fatigue, fragile bones, difficulty breathing, anemia, excess perspiration, diabetes

VITAMIN B1 Depression, anxiety, vague chest pains, shortness of breath, chronic fatigue, irregular heartbeat, attention deficit, chronic constipation, indigestion, irritability

VITAMIN B6 Indigestion, acne, constipation, chronic fatigue, insomnia, mood swings, low blood pressure, depression, premature aging, bad breath, elevated cholesterol, kidney stones

IODINE Cystic breast disease, severe menstrual cramps or bleeding, susceptibility to infections, chronic fatigue, morning fatigue, stuffy sinuses, mental sluggishness, low sex drive, overweight, elevated cholesterol

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76% { ☐ 46%
☐ 30%
☐ 24%

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☐ 45% Yes ☐ 55% No

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