

Amazing Boost For Asthma

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In the Olympics, during the mid-70s, it was rumored that the Russians were using a special sports enhancement drug because they seemed to dominate so many events. Later, it was found that some of their athletes were on steroids, but many, if not all, were using pangamic acid or vitamin B15. B15 enhances the methylation process. You see, energy from methyl groups do not follow glucose or the Krebs cycle; methyl groups are combusted by way of a faster, alternative route. So, athletes, especially performance athletes, can really feel the difference.

But guess what? In today's crazy lifestyle, "everyone is an athlete." Don't you feel like some days you have been running a marathon? After all the excitement about the Russian athletes, Biotics' researchers were able to create OOrganik-15, a specialty B15 product that supplies biologically active methyl related culture concentrates along with natural-organically bound trace elements and enzymes.



Although I started our discussion with increasing athletic performance, most of the feedback I have received from clinicians has centered around increasing oxygen utilization. This feedback came from a trusted friend and colleague regarding an asthma patient she was treating.

"One asthma patient I was working with was on several bronchial inhalants and two of the strongest asthma medications on the market. The dose he was taking was so high that it was at the toxic level. The doctor prescribed it because it was the only dose that gave him some relief.

The relief was limited, but at least he felt like he could breathe. This patient had lung damage as the result of firefighting. He was exposed to chemical toxins while at work and lost 60% of his lung capacity. Because this was a permanent condition, he was immediately put on disability and had to retire at the age of 40. This was a huge loss for him as he loved his job.

I suggested the OOrganik-15 because prior patients have reported increases in physical activity by as much as 20%. The initial dose was 3, 4x per day. I also added Pneuma-Zyme from Biotics. Pneuma-Zyme contains neonatal lung

tissue concentrate as well as vitamins A, C, E, and selenium. The initial dose was 5, 3x per day. I also recommended he avoid offending foods that increase mucous like dairy products and gluten grains.

He had such remarkable progress that he and his doctor were able to reduce the amount of medication, as well as eliminate two of his inhalers. His energy improved as did his wind. He was able to perform a higher level of exercise and soon was running five miles per day. Within a month or so, he was able to completely stop his toxic asthma medications. Now, over 10 years later, he continues taking the OOrganik-15 but at much lower doses. He takes 3 tablets per day and has been able to stop the Pneuma-Zyme. He is medication free and uses one inhaler only as needed, a couple times per week."

That's awesome! Someone with a 60% lung disability and is now medication free! I have personally used OOrganik-15 successfully with patients that were suffering with asthma, emphysema, and other upper respiratory problems like bronchitis. OOrganik-15 should also be considered and has been found beneficial in cases where increasing methylation may benefit the patient such as: increasing endurance for sports performance, morning sluggishness, stubborn cases of biliary stasis, and part of a program for patients with autism, angina, and unresponsive elevated homocysteine.

Methylation is important for the integrity of the myelin sheath. Therefore, OOrganik-15 should be considered as part of any program for patients with MS or other problems involving the myelin sheath. Another interesting application may be for people who live in large cities. In Europe, methylated products are considered helpful protectants from pollution, especially carbon monoxide.

Personally, when driving long distances, I take OOrganik-15. Three tablets several times a day to reduce what I call "the road buzz," that foggy feeling from secondhand exhaust fumes. You'll find more about OOrganik-15 to the right. It supplies both methyl donors and acceptors, has a detoxifying effect, and it has unique value as an energy source. It's so unique, it's one of my favorite supplements. I like having it on my shelf, and I find it can be used in a wide range of clinical applications.

As you know, there can be many pieces to the breathing puzzle. The link to the right summarizes some of them and gives some nutritional suggestions that will help you solve them. Food allergies, respiratory infections, gastrointestinal reflux, obesity, reduced exposure to irritants, external factors in the home, air pollution, heavy metals, drugs interactions, adrenal exhaustion, bedroom concerns, and hypothyroidism can all contribute to reduced oxygen utilization.

Thanks for taking time to join me. I look forward to being with you again next Tuesday.