

# The Autism Controversy

*"The recommended number of vaccines is 38 by age 5 and 1/36 children are now being plagued with autism."*

Have you ever been a bystander when an extremely awkward situation was going down? Sitting on an airplane, Dr. Mark, a family practice physician for 30 years was asked by a grandfather about a book he was reading titled: *How to End the Autism Epidemic* by J.B. Handley. The grandfather was aware of the autism problem and was concerned about his grandchildren. Dr. Mark congratulated him about his concern because as of 2018 - 1 in 36 children are on the autism spectrum. The author makes some very pointed correlations between the rise in number of vaccinations and the corresponding rise in Autism.

Dr. Mark encouraged him to become informed on the pros and cons before making a decision to subject anyone to routine vaccination. It was odd, but a fourth year medical student from Northwestern University butted in the conversation and said it was her responsibility to tell this passenger the truth that vaccines were completely "safe and effective."

Politely, Dr. Mark asked if she was aware that in 1970 only



three vaccines were given to children by age 5 and the incidence of autism was over 1/10,000.

He continued, now in 2019, the recommended number of vaccines is 38 by age 5 and 1/36 children are now being plagued with autism.

He asked if she was aware that the adjuvants designed to carry vaccines injected into the blood stream of these children have never been properly tested. Was she aware that the ONLY vaccine ever tested for long term safety was the MMR and that it was tested in combination with other vaccines?

Or how about the principle action of vaccines is to activate the immune system and one of the mechanisms for autism is an overactive immune system. Did she know that aluminium is a major adjuvant; and upon autopsy, aluminium has been found to be extremely high in the brains of autistic children?

The discussion went on for over 30 minutes with Dr. Mark explaining study after study and quoting fact after fact. He even shared that one of the doctors at the CDC had actually admitted to manipulating and falsifying data to support the safety of vaccines. And yet

the final response by the fourth year medical student was "vaccines are perfectly safe and effective and don't listen to this doctor." Needless to say, I had to go out and buy that book and study it myself.

J.B. Handley's second son Jamison contracted autism at age 2 after participating to the routine vaccine schedule suggested by the CDC. He is now 15. It breaks your heart to hear their story and the tremendous cover up that surrounds this billion dollar industry.

Just to put the money part in perspective, in 1983 children by age 5 received ten vaccines. Vaccine sales were in the 170 million dollar range. Today in 2019 children by age 5 receive 38 vaccines and the projected sale of vaccines in 2020 is 60 billion dollars. With this much money at stake it is very difficult to get to the truth.

This book is chock full of data and quotes from physicians who treat autism, physicians and scientists who promote vaccines, and parents who are living with autistic children. I never grasped the scope of this immense monster.

I can't say it enough; 1 in 36 children have been labeled autistic whereas children who have not received vaccinations are virtually free of autism.

J.B. Handley goes straight to the heart of the matter examining the science behind all the talking points given out by the pharmaceutical spokesmen. And if you look closely at the actual 23 studies that the vaccine guru's point to you realize very quickly that, "The truth is vaccines have not been properly tested for safety." And J.B. Handley shares from the scientific literature that "in reality, vaccines are not as effective as we are led to believe."

Yes, vaccines do have some benefit but the long term chronic conditions, that vaccines set the stage for create the question; Are they worth the risk? Not only do children that receive vaccinations have a higher risk of

autism but they also have a higher incidence of allergies, asthma, and autoimmunity to name just a few.

To be fair, I believe autism is caused by accumulated toxins from the environment as well as from mom. Toxins can impair detox mechanisms exasperating genetic weaknesses. But by looking at the data, it is pretty hard to ignore that as the number of vaccines has increased so has the rate of autism.

I encourage you to download his pod casts and listen to #4 and #6 and by all means get his book.

The causes and treatments for autism are very complicated but certainly parents and grandparents should be allowed to make decisions that could be life altering.

Several years ago Dr. Vasquez addressed the concept of brain inflammation causing gut dysbiosis. Gut dysbiosis creates toxins that impair mitochondrial function. As we have discussed on other Tuesday Minutes, the brain affects the gut and the gut affects the brain. Dr. Vasquez's book *Autism, Dysbiosis and the Gut-Brain Axis* provides the rationale and references to document this phenomenon.

Dr Court Vreeland also shared two webinars that address these issues. Brain inflammation and a compromised gut are two of the predominant issues autistic patients experience. These issues are further complicated by mitochondrial impairment and probable methylation issues. And as I mentioned, aluminium the adjuvant in most vaccines is accumulating in these children's brains.

The autism epidemic remains a controversy, but being open minded and listening to people who have devoted their lives to finding clues like J.B. Handley is a good start.

Thanks for reading this week's Tuesday Minute edition. I'll see you next Tuesday.