

NutriClear Plus: Feel The Difference

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Can you just give me a simple way to get my patients into wellness without charging them and arm and a leg? That's a question I hear all the time from Wellness clinicians. People will spend money to feel good if they believe "what they do" will make a difference. The key is recommending something easy to follow and of course something that will actually make them "feel" the difference.

After years of clinical feed-back from doctors using Biotics products, Biotics Research is introducing a science based metabolic cleanse program formulated to revitalize the body's natural detoxification capabilities. Biotics took six of their most effective cleansing rebuilding formulas and added them with a prebiotic blend and vegetable enzymes in a tasty easy to use powder.

By now, almost everyone realizes we live in a toxic world: plastics, chemicals, air pollution, water pollution, the list goes on. But not everyone is ready for a full blown



detox. Obviously, the "Complete Bio-Detoxification Program" by Biotics is more aggressive not only targeting detox but the dysbiotic organisms that cause SIBO. There's a link for more info.

But for the neophyte, a cleanse is much gentler, certainly easier to follow and as a bonus tastes good. The most important part is that they will "feel" better.

For a revitalizing cleanse, NutriClear Plus includes nutrients targeted for digestive, gut and liver support, packaged in an easy-to-use program. How easy is it? It comes with 30 pouches and 30 packets, that's 2 pouches and 2 supplement packets per day. Mix each NutriClear Plus pouch with water or dairy free beverage, add ice and shake. Follow an anti-inflammatory diet and drink ½ your body weight in ounces of pure water. The program is geared for 15 days although patients can continue for another 15 days.

After your initial visit give them "the cleanse" as you administer your therapies and gather laboratory data. Even though it's called a cleanse, whenever you feed the body high quality GMO-

free organic food based nutrients, your body will naturally detoxify. See the link which includes super easy instructions, sample menu plans, and a metabolic cleanse diet that is so clear and easy to follow. It takes all the patient decision fatigue out of the picture.

Here's an overview of the program. To build systemic or foundational health we need to reduce inflammation, increase digestion, heal the gut and assist the body to return to a state of mild alkalinity. As a reminder, minor increases in acidity or what we call "relative acidity" cause radical increases in oxidation, inflammation, mineral depletion, membrane frigidity and the reduced ability of red blood cells to carry oxygen to distant tissue.

NutriClear Plus with the anti-inflammatory diet accomplishes all these goals in a simple tasteful way. The starting base of the product comes from a metabolic cleansing gut healing formula called NutriClear. NutriClear contains easily digested, certified organic, Non-GMO pea protein, medium chain triglycerides, added fiber, an extensive array of anti-oxidants and nutrients needed to support both phase 1 and 2 detoxification. The combination of high quality protein and micronutrients support the citric acid cycle and help convert fat and carbohydrates to energy, while maintaining muscle mass.

Added to the NutriClear base, NitroGreens, an alkalizing formula designed to feed nitric oxide production pathways. NitroGreens comes from 100% organic whole food extracts and concentrates. Most of the ingredients are grown from heirloom seeds. Enzymatically active, with a high ORAC value and rich chlorophyll content, NitroGreens supports healthy immune function, and detoxification of heavy metals.

The supplement packet includes five capsules of a proprietary blend to improve biliary-liver health. Both the pouch and packet

provide nutrients to support the sequestering and binding of chemicals, metals and viral byproducts. But just as important is to make sure biliary channels are opened to assure bound toxins quickly exit the body safely.

As you know, healthy bile function is one of the best ways to discourage dysbiotic growth. And of course if we are talking about the gut, we want to make sure there are additional prebiotic fiber sources for the healthy bacteria to thrive and multiply.

So in summary, NutriClear Plus:

Supports the Body's Detoxification Pathways

Provides Balanced Broad Spectrum Anti-Oxidants and Synergists

Provides Nutritional Support for Bile Production and Biliary Status

Supports Digestive Function

Provides Support for Healthy Inflammatory Processes

Feeds and supports gut health in multiple ways

Try it for yourself for 15-30 days so you can encourage your patients from your own personal experience. It's not a weight loss product per se but any time you unload cellular toxins you feel more energetic and lose weight.

Biotics has really done their homework on this product and once you try it yourself, it will be a staple for your practice for many, many years. This product is cost effective, easy to use, and tastes great. It's a simple way to introduce wellness into your practice.

Thanks for reading this week's Tuesday Minute edition. I'll see you next Tuesday.