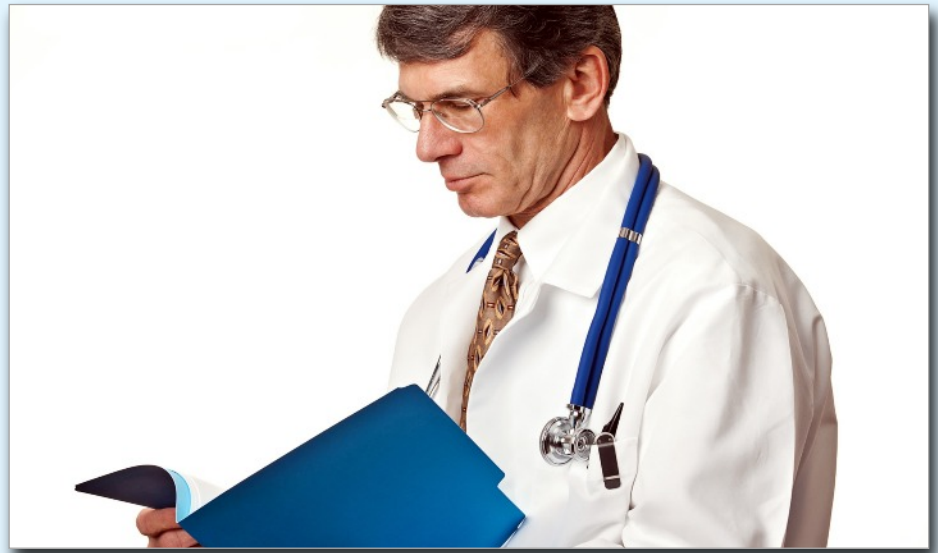


The Amazing Healing Power Of Proteolytic Enzymes

"Proteolytic enzymes have multiple roles and are indicated for edema, swelling and acute injury."

I love hearing clinical success stories, here's one that really caught my attention. A diabetic man was on the verge of having his big toe amputated. His femoral artery was stunted three months earlier. But regardless of his diabetic condition and the serious procedure he experienced a few months earlier, he continued to consume a very poor diet and was liberal with his alcoholic beverages.

This is a photo of his feet. Look how swollen the left foot is! Look at how disfigured the big toe is. Here's the little toe, which is swollen and black and blue.



After consulting a chiropractor, here are the clinical suggestions he made to try to save his foot. As an emergency dosage 10 Intenzyme Forte every ½ waking hour the first day; in other words, 20 tablets per waking hour. Next, 10 tablets every waking hour the next 4 days and evaluate.

I have heard multiple doctors say that if

Intenzyme Forte is not working, it's because you are not using enough. Dr. Abbas Qutab discussed at one of his teaching seminars that he uses 20 tablets, 3-4 times a day between meals as a loading dose the first day of treatment. He then reduces the dose to 10 tablets four times a day always in between meals.

Take a look at the "after" pictures. Here's the small toe, the big toe.... and both legs together. The inflammation is gone. What a dramatic difference! To see a difference like this in a week is truly remarkable and one more testament to the power of the human body to heal once we clean it and feed it.

For anyone who has ever taken high dose proteolytic enzymes, they know that when the body is saturated, diarrhea is a possibility. So if a patient ever complains of diarrhea or for that matter any gastric distress, you would obviously reduce or discontinue the therapy.

Intenzyme Forte is a proteolytic enzyme combination based on the life work of Austrian physician Dr. Max Wolfe. His book *Enzyme-therapy* summarizes his research. He spent his whole life studying enzymes and their biological properties. Each tablet of Intenzyme Forte contains 100 mg of Trypsin and Alpha Chymotrypsin, 100 mg of Pancreatin 4X, 50 mg of Bromelain, 50 mg of Papain, and 10 mg each of both Lipase and Amylase.

Proteolytic enzymes have multiple roles. Proteolytic enzymes are indicated for edema, swelling and acute injury. They have been used for low back pain, disc herniation, reduction of food allergy symptoms, acute and chronic sinusitis, increasing the effectiveness of antibiotics, post-surgical trauma /recovery and as a natural vermifuge.

Another common use is for digestion which is why it's a good idea to take them away from food. I have attached a summary piece showing a number of studies using proteolytic enzymes in sports. Personally, my favorite way to use them is prophylactically.

As a weekend warrior sometimes I try to do things as if I were 20. Sadly I am not, and I can get stiff and sore when I over exercise or get carried away with my aggressive organic gardening. But when I take a loading dose of 10-15 tablets before and immediately after my physical event, I am not stiff or sore in the least. I keep a bottle of 500 tablets on my vitamin shelf at home at all times. It's an amazing product.

Thanks for reading this week's Tuesday Minute. I'll see you next Tuesday.