

Understanding Viral Infections

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The series of programs that we have assembled on "viruses" is probably the most important group of Tuesday Minutes that we have ever assembled. I know that sounds dramatic; but think about it, our genetics can be short circuited by viruses, heavy metals and toxins. And I know it may sound like gloom and doom but if there ever was a viral bioterrorism event, it would be important to know what to do to protect your family and patients. Viruses replicate in a very specific way; and if we understand the process, we can prevent and dramatically speed recovery.

In preparing for this segment, I was reviewing Dr. Vasquez's most



recent work on "viruses". To me, his material is profound. And since he has been the one who attended 3 medical schools and has been studying and updating his antiviral model for 20 years, I thought it was appropriate to have him share it firsthand.

Yes, it is longer but definitely worth the investment. If it works with your schedule, click over and watch his video now. If not, I urge

you to come back and watch when you have time.

Here's one of the quotes that motivated me to watch this webinar by Dr. Vasquez. "Only by understanding viral infections can we prevent and treat them rationally and effectively. If we treat without understanding then we are fooling ourselves and throwing drugs or even nutrients at the mystery."