

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin B6 (as pyridoxal-5-phosphate)	10 mg	588%
Suntheanine® (L-Theanine)	350 mg	*
Baikal Skullcap (Scutellaria baicalensis) (root) (extract)	300 mg	*
Lemon Balm (Melissa officinalis) (leaf)	250 mg	*
Passionflower (Passiflora caerulea) (aerial part) (extract)	250 mg	*
5-HTP (L-5-Hydroxy-Tryptophan)	150 mg	*
Melatonin	3 mg	*

* Daily Value not established

Other ingredients: Capsule shell (gelatin and water), medium chain triglycerides and silica.

This product is gluten and dairy free

Suntheanine® is a registered trademark of Taiyo International, Inc

RECOMMENDATION: Two (2) capsules before bed as a dietary supplement or as otherwise directed by a healthcare professional. Use only before sleep.

CAUTION: Not recommended for children, pregnant or lactating women. Do not mix with alcohol, sedatives or stimulants.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area. Sealed with an imprinted safety seal for your protection.

Product # 8110 Rev. 07/19