

# Bio-B 100™

Product # 1133

180 Tablets

## Supplement Facts

Serving Size: 3 Tablets

Servings Per Container: 60

	Amount Per Serving	% Daily Value
Thiamin (B <sub>1</sub> ) (as cocarboxylase chloride)	1.5 mg	100%
Riboflavin (B <sub>2</sub> ) (as riboflavin-5-phosphate)	1.7 mg	100%
Niacin (as niacinamide)	20 mg	100%
Vitamin B <sub>6</sub> (as pyridoxal-5-phosphate)	2 mg	100%
Folate (as calcium folinate)	400 mcg	100%
Vitamin B <sub>12</sub> (as methylcobalamin)	6 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium pantothenate)	10 mg	100%
Superoxide Dismutase (from vegetable culture †)	60 mcg	*
Catalase (from vegetable culture †)	60 mcg	*

\* Daily Value not established

**Other ingredients:** Cellulose, stearic acid (vegetable source), magnesium stearate (vegetable source) and food glaze.

† Specially grown, biologically active vegetable culture containing naturally associated and/or organically bound phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

**This product is gluten and dairy free.**

**RECOMMENDATION:** Three (3) tablets each day as a dietary supplement or as otherwise directed by a healthcare professional.

### KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.  
Sealed with an imprinted safety  
seal for your protection.

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