

# Weekly Practice Builder

In an effort to assist in the growth of your practice through improved patient outcomes, Biotics Research Corporation offers the Weekly Practice Builder program.

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WPB 11/5

## For the Health of your Patients:

Occasionally patients will present with a bizarre compendium of symptoms or chronic conditions that are seemingly unrelated. Frequently these symptoms may include a history of recurrent infections; particularly those of the urinary tract, the skin, the mouth or the vagina, allergic responses, digestive disorders, overwhelming mood disturbances, chronic fatigue, Fibromyalgia, chronic sinus congestion or post-nasal drip, fungal infections involving the skin or toenails, joint pain, or simply immune system dysfunction. It is common for these patients to have already been diagnosed or treated for any number of syndromes or conditions, very often with long courses of antibiotics or other immune disrupting drugs. Not consistently recognized by the allopathic community, fungi and/or yeast have been implicated as a concurrent or as a major aspect of a wide variety of conditions. Not only can yeast or fungi directly suppress immune function, but they can affect gut permeability, leading to "leaky gut" which may result in a wide variety of allergic or inflammatory responses. Many healthcare providers now believe that all patients with Chronic Fatigue Syndrome, Fibromyalgia, IBS, Autism Spectrum Disorder, rhinitis or sinusitis should be evaluated for fungi or yeast overgrowth.



## For the Health of your Practice:

Developed in conjunction with Dr. Gary Lasneski, **FC-Cidal™** is an herbal combination designed to support the elimination of fungal or yeast dysbiosis. *Artemisia dracunculus* (French Tarragon) contains a complex mixture of almost 50 different compounds which, amongst other properties, is known to inhibit the growth of several pathogenic bacteria and yeasts. *Tinaspora cordifolia* (Indian Tinaspora) is a bitter herb that has been found to be inhibitory to both parasites and yeast. Other herbal extracts, including *Equisetum arvense* (Horsetail), *Olea europaea* (olive leaf), *Thymus vulgaris* (Thyme), *Urtica dioica* (Stinging nettle), and *Tabebuia avellandae* (Pau D'Arco) have all been shown to inhibit fungal, yeast, or bacterial growth, in addition to balancing inflammatory mechanisms and supporting immune function. Successfully addressing fungal and yeast overgrowth can be challenging, and a three-pronged approach is often necessary: supplementation targeting dysbiosis, an anti-fungal diet, and probiotics to help recolonize the bowel with beneficial flora. Successful elimination of dysbiosis typically requires a minimum duration of 6 weeks; however it is not uncommon for it to take up to six months in chronic or severe situations. **A.D.P.®, 21st Century Homeopathic #8 (Fungal/Yeast), Bromelain Plus™, and/or BioDoph-7 Plus®** are all supplements that are commonly used in conjunction with **FC-Cidal™**.