



Gammanol Forte

Lean Muscle Support

Gamma oryzanol is a naturally occurring mixture of plant sterols and free transferulic acid esters derived from rice bran. Research indicates that gamma oryzanol has a plethora of functional effects. In addition to its best known actions of promoting increases in lean muscle mass and enhancing endorphin release, the sterol component of gamma oryzanol has noted effects on modified sterols such as testosterone, estrogen, progesterone, DHEA, etc. It has been known to support normal, healthy cholesterol levels, provide support for those having hormonal fluctuations associated with menopause, increase human growth hormone activity (as measured using insulin growth factor 1 [IGF-1]), and act as a potent antioxidant. It has also been shown to have a normalizing effect on gastric functioning, particularly on gastric and duodenal mucosa.

Not all gamma oryzanol is created equally. While gamma oryzanol may be sourced from corn or barley, Biotics Research chooses to use gamma oryzanol from rice bran, as it results in a superior product free from common allergens. Biotics Research Corporation processes gamma oryzanol utilizing a highly specialized fractionation process (FRAC) that vastly improves the bioavailability of the ferulic acid component. In addition to this marked improvement in bioavailability is the synergistic effect with Gammanol Forte's combination of gamma oryzanol and FRAC, with its proprietary tableting base. Laboratory findings reveal a combined antioxidant effect that is far superior to the antioxidant status of either constituent on its own. Collectively, Gammanol Forte may just be one of the most versatile supplements you've never heard about.

