

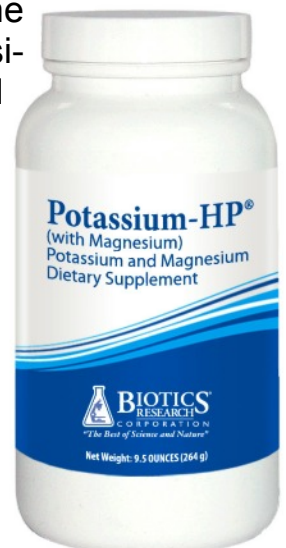


# Potassium-HP

## Potassium And Magnesium Electrolyte Support

Potassium-HP® (with Magnesium) is an easy to use, high potency mineral supplement supplied as a powder which dissolves readily in water. Each 1 teaspoon serving supplies 1,200 mg of elemental Potassium (as potassium citrate) and 120 mg of elemental Magnesium (as magnesium citrate malate).

According to the Food and Nutrition Board of the Institute of Medicine of the National Academies (Dietary Reference intakes: Water, Potassium, Sodium Chloride and Sulfate. February 11, 2004), "Adults should consume at least 4.7 grams of potassium per day to lower blood pressure, blunt the effects of salt, and reduce the risk of kidney stones and bone loss. However, most American women 31 to 50 years old consume no more than half of the recommended amount of potassium, and men's intake is only moderately higher. There was no evidence of chronic excess intakes of potassium in apparently healthy individuals and thus no UL [upper limit of intake] was established."



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.